



Longevity & Anti-Aging Program

MAXIMIZE HEALTHSPAN & LIFESPAN

Now is the time to elevate your journey toward optimal well-being. Our premium health program offers a tailored approach to wellness and vitality, designed to optimize both your lifespan and healthspan.



Our Longevity & Anti-Aging Program transcends conventional approaches. Our team of integrated health professionals is dedicated to your holistic well-being, emphasizing self-awareness, self-control, and proactive self-care. We move beyond simple disease management to help you achieve not just a longer life, but a healthier one as well.

PHASE 1 (Months 0-1)

Customized program and diagnostic testing

PHASE 2 (Months 1-3)

Review results and health action plan

PHASE 3 (Months 3-12)

Follow-up assessments with year-round support

TAILORED PROGRAMS FOR YOU

Under the leadership of Dr. Elaine Chin, a pioneer in longevity medicine and founder of our clinic, our team includes distinguished physicians, naturopathic doctors, medical estheticians, massage therapists, and lifestyle and mental health coaches. They are renowned for their exceptional expertise and innovative use of the latest scientific advancements.

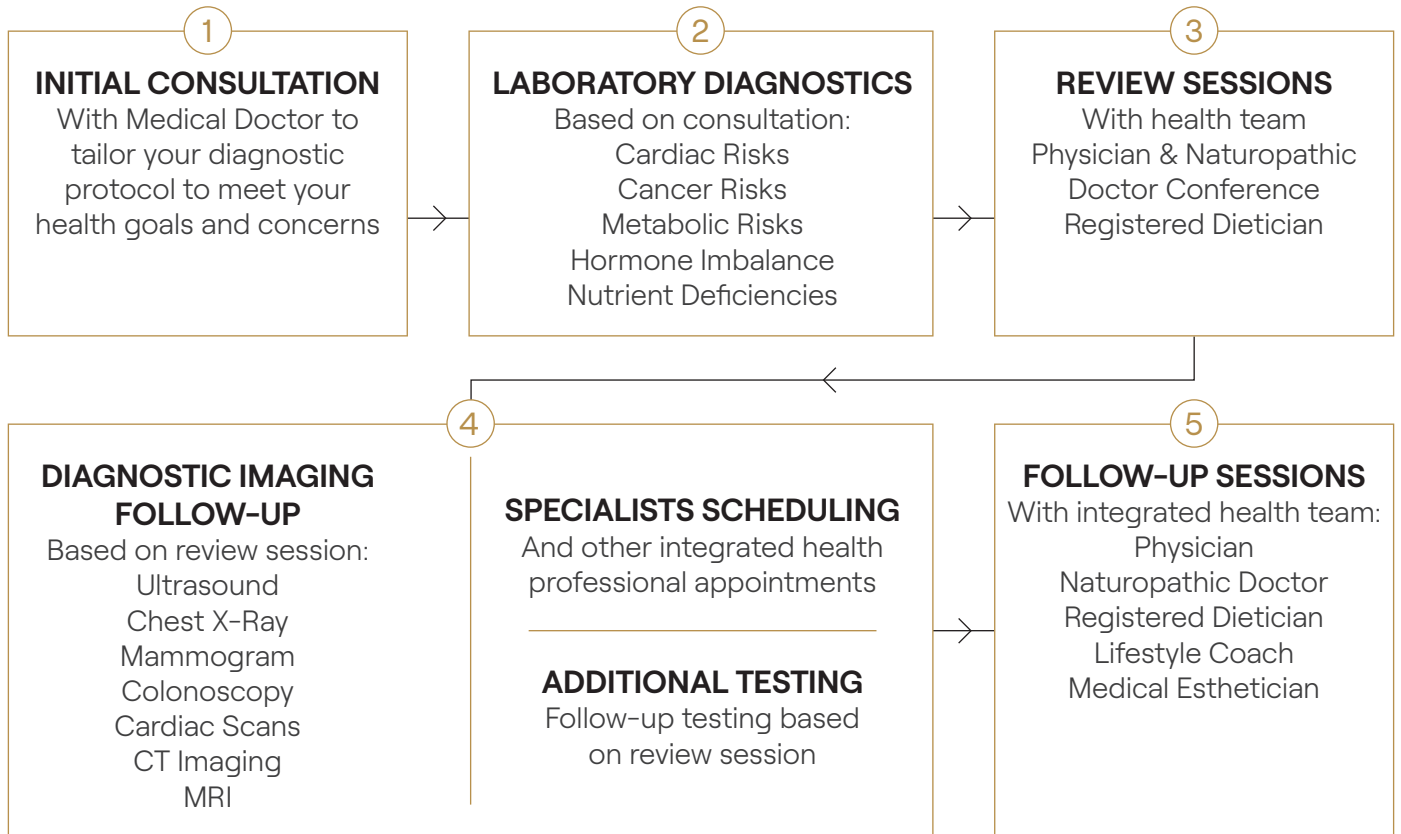
We offer exclusive access to specialized testing, advanced imaging techniques, and personalized interventions that are fully approved by Health Canada and the FDA. Our methods are not only safe and reliable but also surpass traditional healthcare offerings, ensuring that you receive only the most effective, evidence-based treatments—no gimmicks or unproven solutions.

Fees: from \$10,000 /annually

[CONTACT US FOR A CONSULTATION](#)



ESSENTIALS LONGEVITY PROGRAM



YEAR-ROUND SUPPORT
Your integrative health team will guide you to extend your healthspan, not just your lifespan

MEMBERSHIP BENEFITS
Gold-level status to theBespokeWellnessClub

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theBespokeWellnessGroup™

www.bespokewellness.group | contactbespoke@bespokewellness.group | 647.273.8766

1 Yorkville Avenue - Unit 1C, Toronto, Ontario M4W 0C1



ESSENTIALS COMPLETE LONGEVITY PROGRAM

Take advantage of our comprehensive approach with a bundled package at a special rate.

ESSENTIALS
LONGEVITY PROGRAM
All components and
follow-ups (steps 1 to 5).



SPECIALIZED PANELS
Included:
Nutrient and Toxicity Profile
Food Sensitivities
Neurotransmitters
Gut Biome Mapping

YEAR-ROUND SUPPORT

Your integrative health team will guide you to
extend your healthspan, not just your lifespan

MEMBERSHIP BENEFITS

Upgrade to Platinum-level status to theBespokeWellnessClub

ADD-ONS LONGEVITY PROGRAM



TESTING
SPECIALIZED PANELS
Nutrient and Toxicity Profile
Food Sensitivities
Neurotransmitters
Gut Biome Mapping



GENETICS
OPTIONAL GENETICS
TESTING
Lifestyle Insights (Diet & Fitness)
Cancer Risks
Cardiovascular Risks
Skin Insights
Telomere Length



IMAGING
OPTIONAL ADVANCED
DIAGNOSTICS
Total Body MRI
CT Angiogram
MRI Breast/Prostate
MRI Liver/Brain (USA only)

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