

TORONTO 2025

THE LONGEVITY REVOLUTION

The Science of Living Younger, Longer

JOIN US | 5PM-7PM

NOV 19

Join Dr. Elaine Chin, physician, longevity expert, and founder of The Bespoke Wellness Group, and Dr. Drew Taylor, stem cell scientist, biotech entrepreneur, and CEO of Acorn Biolabs, for an evening that cuts through the noise. Together, they'll unpack the real science behind metabolic performance, hormone balance, and regenerative medicine, revealing where evidence ends and possibility begins. Expect straight talk on stem-cell innovation and the breakthroughs redefining how long and how well we live.

LET'S TALK **REAL-LIFE** HEALTH

1 STRAIGHT **TALK ON** STEM CELLS

BIOHACKING FROM THE INSIDE OUT



Elaine Chin MD, MBA Longevity Physician



Drew Taylor MSc. PhD Stem Cell Scientist



Monique Mazzuca MD Women's Health



Karlee Handy BSc, ND Naturopathic Doctor



Alessia Germinario **BASc** Medical Esthetician

Together,

let's biohack with science safely. Limited seats available!

REGISTER NOW

Location

Toronto Reference Library 789 Yonge Street, Toronto

in the Bram & Bluma Appel Salon

CONTACT US

TORONTO 2025

LET'S TALK REAL-LIFE HEALTH

SESSION 1 STRAIGHT TALK ON STEM CELLS

Hype or Hope?

Speaker: Dr. Drew Taylor, PhD, Stem Cell Scientist, Biotech Entrepreneur & CEO, Acorn Biolabs

Dr. Drew Taylor, a leading voice in regenerative medicine, unpacks the promises, pitfalls, and progress behind the headlines. This conversation begins by asking: What's the truth behind Kim Kardashian's stem cell treatments in Mexico? Was it real science or just hype? From there, he explores breakthroughs in cell preservation, tissue repair, and regenerative therapy and the emerging potential of stem cell applications in diabetes, neurodegenerative disease, cancer, bone regeneration, brain repair, and injury recovery revealing how the next generation of science may redefine what it means to heal and to age younger.

SESSION 2

BIOHACKING FROM THE INSIDE OUT

Part 1 — The Inside: Metabolic, Hormonal & Nutrient Health

Speakers: Dr. Elaine Chin, MD and Dr. Karlee Handy, ND

Everyone's talking about "biohacking," but what does it really mean to do it safely and scientifically? Dr. Elaine Chin and Dr. Karlee Handy unpack how true biohacking begins inside the body through metabolic performance, hormonal balance, and nutrient optimization.

Together, they'll explore today's most talked-about longevity trends from plasmapheresis, ozone therapy, and IV infusions to peptide injections, separating what's scientifically supported from what's simply hype. Expect myth-busting insights, practical guidance, and a clear understanding of how precision health and regenerative medicine can work together to help you look, feel, and perform younger, longer.

Part 2 — The Outside: Regenerative Aesthetics & Youth Restoration

Speakers: Dr. Elaine Chin, MD, Monique Mazzuca, MD and Alessia Germinario

Hosted by Dr. Elaine Chin, this segment brings Dr. Monique Mazucca and Alessia Germinario to the stage to explore how science-driven regenerative aesthetics complete the inside-out approach to living and looking younger, longer.

They'll reveal how biohacking now extends to the cellular level of beauty and restoration, discussing the latest injectables and regenerative technologies including stem cell-derived treatments extracted from your own hair follicles that are redefining aesthetic medicine. Learn how these breakthrough approaches can rejuvenate the face, restore skin vitality, and stimulate hair regrowth, delivering results that surpass traditional neurotoxins, PRP, and laser-based therapies.

REGISTER NOW

Limited seats available!