



Longevity Program

TAILORED TO YOUR NEEDS

	PROACTIVE DESIGNED FOR 20S, 30S	CORE DESIGNED FOR 40S, 50S	ESSENTIALS DESIGNED FOR 50S, 60S+
DIAGNOSTIC BIOMARKERS	50 BIOMARKERS	50+ BIOMARKERS	65+ BIOMARKERS
Hormone Panel	✓	✓	✓
Metabolic Panel	✓	✓	✓
Nutrient Panel	✓	✓	✓
Inflammation Marker	✓	✓	✓
Organ Function Panel	✓	✓	✓
Specialized Cardiac Markers			✓
Essential Cancer Risk Markers		✓	
Enhanced Cancer Risk Markers			✓
Alzheimer's Risk Markers			optional
DIAGNOSTIC IMAGING			
Ultrasound	✓	✓	✓
Chest X-Ray	✓	✓	✓
Mammogram		✓	✓
Colonoscopy		✓	✓
Cardiac Scans			✓
CT Scan Angiography			optional
Total Body MRI			optional
HEALTH CARE TEAM			
Physician	✓	✓	✓
Naturopathic Doctor	✓	✓	✓
Registered Dietitian	✓	✓	✓
Certified Health Coach			✓

GET STARTED

theBespokeWellnessGroup™

www.bespokewellness.group

647.273.8766 | contactbespoke@bespokewellness.group | 1 Yorkville Avenue, Toronto, Ontario